ConnectU Workbook

A fill-in-the-blank guide to campus resources



Freshman Commuter Student Success

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Student ID Checklist

To get my student ID made in the campus card office (3rd floor of the union) I need to bring my driver's license or other form of government ID.

I have a UA s	tudent ID
I have a safe place	to keep my ID
on me at all	l times
I need my_a.)	to get into the
dining halls, for mea	al trades, campus
events, and for some	test days in class.

Numbers on the back of my ID

- UAPD/Razorback Patrol (provides escorts for walking alone on campus)
- Health Center (Pat Walker provides primary medical care)
- SAFE Ride (free late-night transportation for students around Fayetteville if you feel unsafe or uncomfortable)
- Mental Health Crisis (24-hour emergency mental health services)

Getting Logged On



I can successfully log onto my:

- ____ Blackboard
- ____ UAConnect
- ___ Outlook

Write down a password reminder so you don't get locked out!

Link to IT help:



its.uark.edu

I downloaded FREE Microsoft Office 365 onto my computer

https://tinyurl.com/4erzk5em

Microsoft Office includes access to Word, PowerPoint, Excel, and more!

Meal Plan Checklist

I'm not interested in buying a meal plan, but I know how to buy one if I want to later

I bought a meal plan and it's called _{b.)}

I have c.) meal swipes per semester.

I have <u>d.)</u> dining dollars per semester.

I can meal trade 3 times a day.



Link to meal plan info:



tinyurl.com/jm4k96nw

Additional Food Information

Microwaves are available in the Commuter Lounge on the 6th floor of the Union, the Multicultural Center on the 4th floor, and in the Union Food Court.

Meal Swipes: Used at all-you-can-eat dining halls,
Fulbright and Pomfret, and at 1021
Meal trades: Allows you to "trade" a meal swipe for a
combo meal at a participating location like Chic-Fil-A
Dining Dollars: Work just like cash at any place on
campus except Walmart and Subway in Garland parking
garage. They are included in the purchase of your meal
plan.

The Full Circle Food Pantry

Serves ALL UARK students, staff, faculty, and their households.

There are no requirements besides having a valid UARK or UAMS ID.

They provide a three-day supply of groceries and personal care items, up to two times per week.

Full Circle is located in Bud

Walton Hall.

Link to dining locations & food pantry application:



tinyurl.com/bmz9abxf tinyurl.com/4cmcp79p

Parking Checklist

____ I'm not interested in buying a parking permit, but I know how to buy one if I want to later

I bought a	permit and it's called	e.)

I can park in f.)

Download the FlowBird App to pay for metered parking in the garages!

If you have a student permit, make sure to move your car before game days or you WILL be towed!

The "Work It Off"
Program allows
students to complete 3
hours of community
service and apply this
service to one parking
citation per academic
year

Link to purchase parking permits, parking map & FlowBird:



https://tinyurl.com/4tf7rf5b https://parking.uark.edu/parkmap.pdf https://flowbirdapp.com/app/



Razorback Transit Information

Razorback Transit is _{g.)} to all students

The buses typically run during the school year 6:40am-10:40pm weekdays & Saturdays.

There are 9 bus routes total with stops all over campus and some off-campus.

Download the app Passio GO! to track

the buses in real time.

Passio GO! and bus routes:



uark.passiogo.com

Where Should I Study on Campus?

The Commuter Lounge on the 6th floor of the Union is a great place to study, hang out, and meet new people!

Popular places to study on campus:

Mullins Library- 1st floor has tables and talking is allowed. 2nd floor (the one you walk in on) has computers, printers, and scanners. 3rd floor and the reading rooms are quiet, non-talking floors. 4th floor talking is allowed.

<u>Union</u>-Private study rooms are available to reserve at unionevents.uark.edu

<u>Multicultural Center (MC)</u>- 4th floor of the Union, more of a social study space (also has free scantrons and coffee)

<u>Gearhart Honors Lounge</u>-Very quiet, comfy chairs, and couches <u>Starbucks</u>-Lots of background noise

Link to reserve study rooms:





https://uark.libcal.com/reserve

Tutoring on Campus

Tutoring is _{h.)}	to all students!
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Tutoring can be scheduled for specific classes in person or online.

The Writing Studio offers one-on-one writing consultations so you can improve your work, as well as develop new writing strategies.

SI (Supplemental Instruction) or "drill" is sometimes required for classes like Biology & Chemistry.

All of these resources are located in the CORD building.

The Math Resource and Teaching Center (MRTC) offers free tutoring in mathematics and statistics in Champions Hall 326.

Link to schedule tutoring or register for an SI:





tinyurl.com/9hs4eenk tinyurl.com/nh5vdvea tinyurl.com/3tfnzh7j tinyurl.com/u4dttder

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Tech on Campus



The Student Tech Center is located on the 3rd floor of the Union.

Hours: M-F 8am-10pm, Sat-Sun Closed

I get i.) of free printing.

I can rent laptops and more for free at the Student Tech

Center.

Computer lab locations
Student Union
J.B. Hunt Building
Kimpel Hall
Mullins Library
Morgan Hall
Administrative
Services Building

Link to tech rentals:



tinyurl.com/3b2xhx4d



I can look for campus jobs online at i)

Work-study is federal student aid which offers eligible students part-time campus job opportunities to work up to twenty hours per week.

To be eligible, a work-study award has to be part of my k.) and I must accept the offer in 1.)

RazorTemps is another form of on-campus work that is temporary.

Handshake.com allows you to search for jobs and make connections for future careers.



Link to search for jobs on Workday & Handshake:



https://workday.uark.edu/

Pat Walker Health Center

Pat Walker Health Center serves University students, faculty, and staff. They accept payment by cash, check, card, and RazorBucks. Charges can also be applied to your UAConnect student account.

Most insurance is accepted but make sure to ask about yours when scheduling an appointment. You will be responsible for any charges not covered by insurance.

Pat Walker is across from the bookstore and Garland parking garage.

They have a Primary Care Clinic and a Women's Clinic.

Counseling & Psychological Services (CAPS) are offered upstairs

at Pat Walker and include group therapy workshops and

individualized therapy sessions.

CAPS offers 24-hour emergency mental health services for students, faculty and staff-call 479-575-5276.

Missing appointments or canceling your appointment too late will result in a fee!



Link to schedule an appointment:



tinyurl.com/yu6kc56x tinyurl.com/yc2p6cmf

University Recreation (UREC)

UREC facilities	are	FREE	for	stud	ents.
All I need is my	m.)			to g	et in!

The HPER has the main weight and workout rooms. There is also a pool, basketball courts, and an indoor rock climbing wall. You can rent camping, cycling, and paddling equipment for a low cost.

There is a smaller UREC gym on the 2nd floor of the Union.

UREC also offers fitness classes and different intramural activities

like flag football, basketball, soccer, and more! The UREC Tennis

Center off MLK Jr. Blvd has 12 courts, equipment check-out, and

restrooms.

Link to UREC website:





Tuition and Fees

Tuition - the cost of your classes

Fees - money that goes towards facilities and
services (included in cost of attendance)

Estimated Expenses for Academic Year (30 credit hours)

Tuition - \$7,660.00 University fees* - \$1,908.00 Total - \$9,568

Note: The total listed is just an average estimate, tuition/fees vary depending on number of credits and college.

University Fees Breakdown:

Student activity - provides funding for student organizations and campus events

Student health - allows you to access health care at Pat Walker, funds the 24/7 Mental Health Crisis Hotline, Group Therapy, and CAPS Consultations

Transit fee - funds the Razorback Bus Transit System

Facilities fee - gives access to classroom/lab equipment, HPER, and

\$30 of free printing for each student

Library fee - allows access to the online library database
Inclusive Access Materials - Online course materials that you're
instantly opted-in to pay for. You have the first few weeks of class to
opt-out by going to the course Blackboard page.

To check your itemized student invoice, go to UAConnect > Treasurer tile > Account Summary by Term > choose term > window pops up (click "ok" until it goes away) > on the bottom right-hand side click "View Account Detail"

Link to Tuition Calculator:

https://tinyurl.com/4bb9xkk7



Office of Integrity

Academic dishonesty - actions that violate the university's code of conduct and give the student an academic advantage

Common Violations

Sharing answers or test/quiz questions in

GroupMe chats

Not citing sources/materials properly (form

of plagiarism)

Reusing one's own work from previous classes

(self-plagiarism)

Violations are grouped into 4 levels based on severity and consequences Level 0- letter of reprimand Level 1- zero on the assignment

Level 2- XF in the course (represents academic dishonesty on your transcript)

Level 3- one semester suspension

Level 4- immediate expulsion

Link to Office of Integrity Website: honesty.uark.edu



FAFSA COMES FIRST IT'S DUE JULY n.)

APPLICATION OPENS: o.)

APPLICATION DUE: p.)

I must renew my FAFSA q.) Year!

Apply at <u>r.)</u>

should be at the t.) of my to-do list!

Filing it gets me approved for federal and state aid like the Arkansas Academic Challenge scholarship, Pell grants, loans, work-study programs, and aid specifically for military families.

> Write down a password reminder so you don't aet locked out!

Link to FAFSA application:



studentaid.gov

Arkansas Academic Challenge The " u.) " Scholarship

APPLICATION OPENS: v.)

APPLICATION CLOSES: W.)

\$1,000 freshman year | \$4,000 sophomore year | \$4,000 junior year | \$5,000 senior year

Apply at x.)

To be eligible:

I must be an Arkansas resident.

I have to file my y.) ,

I must be enrolled in z.) hours my first semester of freshman year and aa.) hours every semester after that.

I am currently enrolled in bb.) credits/hours.

*UARK current student scholarship applications open Jan 1st and close Feb 15th.

Write down a password reminder so you don't get locked out!

Links to scholarship applications:



sams.adhe.edu uark.academicworks.com

Freshman Commuter Student Success (FCSS)

I can get answers to questions or one-onone help from a peer mentor by emailing Francesca at fdagrosa@uark.edu.

The Commuter Lounge is located on the 6th floor of the Union. The

Lounge has a TV, couches, microwave, fridge, lockers, and free

scantrons for all students!

Reasons to hang out in the lounge: meet other commuter students, connect to campus resources, and access possible job opportunities as a student ambassador or peer mentor.

Link to FCSS website:





fcss.uark.edu

Additional Student Resources

The Multicultural Center (MC) provides academic, cultural and social programs intended to promote inclusiveness, foster achievement and assist in the development and advancement of a diverse student body.

Multicultural Center Programs:

Cultural Identity Communities: Offers individual and collective community for Black, Latinx/ Hispanic, Asian and Asian Pacific Island, Native and Indigenous, and LGBTQIA+ students. These communities provide opportunities for cultural celebration, connection, and student success.

La Oficina Latina: Promotes Latinx academic excellence within our college campus, through college readiness workshops and diversity education. Complete list of workshops:

multicultural.uark.edu/workshops.

LGBTQAI+ Mentoring: Pairs LGBTQAI+ student with faculty and staff who assist students in developing a positive sexual orientation and gender identity while developing knowledge, skills and tools to success navigate life in the fullness of who they are and want to be.

Safe Zone Allies Student Network: Meets weekly for students to gain skills and knowledge that will help them develop their LGBTQ+ advocacy and allyship.

Link to MC Programs & LGBTQAI+ Applications:

tinyurl.com/yc6vw4ve tinyurl.com/mryp9y42 tinyurl.com/ym9xu4a6



Additional Student Resources

The Student Support Services office is located on the 3rd floor of the CORD building.

The Center for Educational Access office is located in the Union on the 2nd floor, Suite 209.

TRIO Student Support Services (SSS): Program that provides academic skill-building, goal attainment, leadership development, financial literacy, cultural enrichment, and graduate school preparation. To participate, students must be a U.S. citizen or permanent resident and be a first-generation college student, meet federal income eligibility requirements, or have a documented disability with the Center for Educational Access.

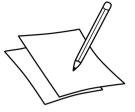
Center for Educational Access (CEA): Provides accommodations for students with disabilities, including extended time, distraction-reduced testing environment, brief breaks, etc.

Links to CEA website & SSS Application:

tinyurl.com/5ypnp28w tinyurl.com/3yut67vh



ConnectU Notes page



Questions I have:

Things I need to do:

Answer Key

- a.) student ID
- b.) name of your meal plan
- c.) your number of meal swipes
- d.) your number of dining dollars
- e.) name of your parking permit
- f.) your parking lots or garage
- g.) FREE!
- h.) FREE!
- i.) \$30
- j.) jobs.uark.edu
- k.) FAFSA
- l.) UAConnect
- m.) student ID
- n.) 1st
- o.) Oct 1st
- p.) July 1st
- q.) every
- r.) studentaid.gov
- s.) FAFSA
- t.) top
- u.) Lottery
- v.) Oct 1st
- w.) July 1st
- x.) sams.adhe.edu
- y.) FAFSA
- z.) 12
- aa.) 15
- bb.) your number of credit hours

COLLEGE LINGO DICTIONARY

Be in the "know", ya know?

ACADEMIC ADVISOR

HELPS YOU EXPLORE PROGRAMS OF STUDY AND SELECT APPROPRIATE CLASSES. YOUR ADVISOR IS ASSIGNED TO YOU WITHIN YOUR COLLEGE AND YOU WILL MEET WITH HEME ACH SEMESTER. YOU CAN MAKE AN APPOINTMENT WITH THEM THROUGH UASUCCESS ON BLACKBOARD.

THE CORD

ALSO KNOWN AS "THE STUDENT SUCCESS CENTER." THIS BUILDING IS NEXT TO PEABODY HALL AND OLD MAIN. IT HOUSES TUTORING, SI, ADVISING, AND MENTORING. IT IS A COMMON PLACE TO STUDY, AND HAS A RESTAURANT AND STARBUCKS.

DEGREE AUDIT

AN OUTLINE OF THE COURSE REQUIREMENTS
THAT YOU HAVE ALREADY COMPLETED AND
ARE YET TO COMPLETE FOR YOUR DEGREE.
FOUND IN UACONNECT. ASK YOUR ACADEMIC
ADVISOR IF YOU HAVE ANY QUESTIONS.

FALL BREAK

OCTOBER 17TH-18TH IS THE 2022 STUDENT FALL
BREAK. NO CLASSES ARE HELD DURING FALL
BREAK. UNIVERSITY OFFICES WILL BE OPEN.

BLACKBOARD

THE COURSE MANAGEMENT SYSTEM THAT MOST PROFESSORS USE TO SHARE COURSE MATERIALS SUCH AS ASSIGNMENT SUBMISSIONS, GRADES, AND HANDOUTS. THE CLASS INFORMATION IS ONLY AVAILABLE WHILE YOU ARE ENROLLED IN THE COURSE, SO SAVE ANY INFORMATION YOU THINK YOU WILL NEED IN THE FUTURE.

CLICKER

CLICKERS ARE COMMONLY USED IN CLASSES FOR ATTENDANCE AND FOR IN-CLASS QUESTIONS. THERE ARE PHYSICAL CLICKERS AS WELL AS AN APP CALLED TURNINGPOINT AVAILABLE ON COMPUTERS AND SMARTPHONES.

DINING DOLLARS

YOU CAN SPEND THESE AT ANY CHARTWELLS RETAIL LOCATION ON CAMPUS SUCH AS THE UNION FOOD COURT, STARBUCKS, SLIM CHICKENS, ETC. ALSO, DINING DOLLARS MAY BE USED TO BUY A GUEST MEAL IN ANY HALL, CAN BE RELOADED IN TWO INCREMENTS OF \$50 PER SEMESTER, AND EXPIRE AT THE END OF EACH SEMESTER.

FERPA (FEDERAL EDUCATION RIGHTS AND PRIVACY ACT)

A FEDERAL LAW THAT PROTECTS YOUR EDUCATION RECORDS, SUCH AS PERSONAL INFORMATION, GRADES, ENROLLMENT RECORDS, AND CLASS SCHEDULES. YOU CAN DECIDE IF YOUR PARENTS/GUARDIANS OR OTHER INSTITUTIONS MAY HAVE ACCESS TO YOUR ACADEMIC INFORMATION AND UPDATE YOUR PREFERENCES ON UACONNECT.

FINANCIAL AID ADVISOR/ COUNSELOR

A STAFF MEMBER WHO WILL EXPLAIN WAYS IN WHICH YOU MAY FIND ACADEMIC FUNDING. EMAIL FINAID@UARK.EDU, CALL (479)575-3806, OR GO BY 114 SILAS HUNT 8 A.M. TO 5 P.M. MONDAY THROUGH FRIDAY TO MEET WITH AN ADVISOR.

RAZORBACK RECOVERY

A SUPPORT GROUP FOR STUDENTS WHO ARE BATTLING ADDICTION OR WISH TO CHANGE THEIR SUBSTANCE USE BEHAVIOR.

RAZORBUCK\$

CAN BE USED LIKE CASH ON CAMPUS AND AT SOME LOCATIONS OFF CAMPUS. THEY DO NOT EXPIRE WHILE THE ACCOUNT IS ACTIVE. RAZORBUCK\$ CAN BE RELOADED AT ANY TIME THROUGHOUT THE YEAR WITH A MINIMUM DEPOSIT OF \$5. YOU RECEIVE A 5% DISCOUNT ON FOOD WHEN USING RAZORBUCK\$.

READING DAY

THE LAST DAY BEFORE FINALS WEEK. THERE IS NO CLASS ON THIS DAY AND ALL ASSIGNMENTS ARE DUE BEFORE READING DAY.

SI (SUPPLEMENTAL INSTRUCTION (ALSO KNOWN AS "DRILL")

A SERIES OF WEEKLY GROUP STUDY SESSIONS FOR STUDENTS IN HISTORICALLY CHALLENGING COURSES SI IS TAUGHT BY STUDENTS WHO EXCELLED IN THE COURSE PREVIOUSLY. SOME INSTRUCTORS REQUIRE SI. SEE WHICH CLASSES HAVE SI AND REGISTER: CLASS.UARK.EDU/SUPPLEMENTAL-INSTRUCTION.PHF

HOGSYNC

WEBSITE THAT ALLOWS STUDENTS TO GET
INFORMATION ABOUT EVENTS AND ORGANIZATIONS
ON CAMPUS. ALSO USED AS A PLATFORM FOR
STUDENTS TO FILL OUT APPLICATION OR REGISTRATION
FORMS FOR CAMPUS ACTIVITIES.

RAZALERT

THE UNIVERSITY'S ALERT SYSTEM USED TO SEND OUT TIMELY INFORMATION DUE TO WEATHER, SAFETY, AND CAMPUS CLOSURES. MAKE SURE YOUR CELL PHONE NUMBER IS ACCURATE IN UACONNECT IN ORDER TO RECEIVE ALERTS.

REGISTRAR

OFFICE OF THE REGISTRAR SUPPORTS ACADEMIC LIF SUCH AS CLASS REGISTRATION, TRANSCRIPTS, AND GRADUATION.

RSO (REGISTERED STUDENT ORGANIZATION)

STUDENT-CREATED ORGANIZATIONS OR CLUBS THAT
ARE BASED ON A COMMON INTEREST. YOU CAN GET
INVOLVED WITH MANY OF THEM ON HOGSYNC.

TECH SPOT LABS

COMPUTER LABS WHERE STUDENTS CAN PRINT,
ASK FOR COMPUTER ASSISTANCE, AND USE A
WIDE RANGE OF SOFTWARE INCLUDING
RESPONDUS LOCKDOWN BROWSER, AND MATH
AND STATISTICAL SOFTWARE NEEDED FOR MANY
COURSES. LOCATED IN THE ARKANSAS UNION
AND MULLINS LIBRARY (FIND ADDITIONAL
LOCATIONS: ITS.UARK.EDU).

TRANSCRIPT

AN OFFICIAL RECORD OF THE COURSES A STUDENT HAS TAKEN, AND GRADES RECEIVED. YOUR UNOFFICIAL TRANSCRIPT FOR ACADEMIC ADVISING IS IN UACONNECT. YOU MAY REQUEST AN OFFICIAL TRANSCRIPT FROM THE REGISTRAR FOR A SMALL FEE.

UACONNECT

A STUDENT INFORMATION SYSTEM THAT
STUDENTS USE FOR ENROLLING IN CLASSES,
CHECKING THEIR DEGREE AUDIT, REVIEWING
ACADEMIC ADVISEMENT REPORTS, ACCEPTING
INANCIAL AID, SUBMITTING PAYMENTS TO THEIR
STUDENT ACCOUNTS, AND APPLYING FOR
GRADUATION

COMMON APPS EXPLAINED

FLOWBIRD

APP TO PAY FOR PARKING IN METERED CAMPUS PARKING SPOTS AND GARAGES



GROUPME

SOCIAL NETWORKING APP USED BY THE MULTICULTURAL
CENTER, FRESHMAN COMMUTER STUDENT SUCCESS,
AND OTHERS TO COMMUNICATE WITH GROUPS, LARGE
OR SMALL.



PASSIO GO!

APP THAT TRACKS RAZORBACK TRANSIT IN REAL-TIME



HANDSHAKE

NETWORKING APP TO CONNECT WITH EMPLOYERS, INTERNSHIPS, JOBS, ETC.



OFFICE 365

AS A STUDENT, YOU HAVE ACCESS TO THE MOST WIDELY USED MICROSOFT OFFICE PRODUCTS. PLEASE VISIT ITS.UARK.EDU FOR INSTRUCTIONS TO DOWNLOAD OFFICE 365 AND ANY OTHER SOFTWARE AVAILABLE TO STUDENTS.

STILL UNSURE ABOUT SOMETHING?

JOIN THE UARK FRESHMAN COMMUTER
GROUPME
OR VISIT THE FRESHMAN COMMUTER

SUCCESS OFFICE ON THE 6TH FLOOR OF THE UNION (SUITE 603) AND ASK US! SCAN FOR LINKS TO THE GROUPME & FCSS WEBSITE:



THIS BOOKLET WAS CREATED BY
BRITNEY MCGLOFLIN AND
QUINN DAVIS IN
COLLABORATION WITH
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SUCCESS.
2022

